



**Student Health Advisory Council
Minutes– 10/24/2023
8:30 am - Central Office - Board Room**

1. Welcome and Introductions:
Present at Meeting: Wes Rhoten, Brandy Phillips, Tammy Orman, Susan Huffman, Tiffanee Caves, Kaylan Davis, Melody LaCour, Jennifer Whittington
2. Expected Outcome: Informational
3. SHAC: Training/Responsibilities: Rhoten read SHAC purpose, intent, background, and general plan for the 23-24 year.
4. Officer Selection: Nominate & Elect a Chair/Co-Chair or Secretary: Melody LaCour served as Chair last year, nominated and elected to continue in that roll for 23-24. Jennifer Whittington nominated and elected to serve as Co-Chair for the 23-24 year.
5. SRISD Health Screenings - Vision, Hearing, Acanthosis Nigricans, Spinal: Tammy Orman discussed Health Screenings begin tomorrow with 5th grade, 7th grade on Oct. 26th, 5th & 7th Spinal Screening, 6th grade completed, with 8th grade Screenings on Oct. 30th. SRES screens the students as she goes per class.
6. Lunch Nutrition Guidelines: Brandy Phillips presented information on Whole Grain, -1 Fat Free, Teachers/admin have 7 exempt days. Child breakfast and lunch service is up significantly from last year, providing a second chance breakfast, good numbers needing that. Has been a very good start with breakfast/lunch participation, nutritional worker staff, and routines are productive.
Local Wellness Plan from previous year approval/adoption discussed with knowledge of every 3 years revisiting/re-adopting policy. Available on SRISD website.
7. Health Promotion Projects: Fitnessgram/Greenlight: Rhoten discussed the PFAI and Wesla Caffey's involvement in setting up the Greenlight software for district employees administering the fitness tests. Target submission deadline is December 6th, with the 6 tests administered to 3rd-12th in a Phys Ed TEKS based course. Use of the data from the results to be used in the Spring, guiding wellness and fitness plan for individual students/classes.
8. SB 629 requires districts to adopt and implement a policy regarding opioid antagonist medication: Orman discussed NARCAN nasal spray is available on

all 3 campuses. People need to be trained on how to use, and what can happen.

9. HB 3908 also adds new TEC, §38.040, which requires each school district and open-enrollment charter school to annually provide to students in grades 6–12 research-based instruction on fentanyl abuse prevention and drug poisoning awareness. Recognizing month of October: Fentanyl Awareness Month.: Discussion of Fentanyl awareness, posters on each campus, additional info available on website, as well as scripted for health class. Susan Huffman provided information about informational/awareness class currently being conducted by NTBHA for parents and community desiring more information. Orman to reach out to Mrs. Corder on the availability of these offerings to share with Cindy Weideman for website/communication add when/if available.
10. Questions/Discussions
11. Next Meeting Date: December 12th, agenda to be shared with committee in advance. Call for Agenda Items for the next meeting:
Discussion of Angel Tree participation. Christina Lidy has ball rolling, faculty staff involved, if parents/community desire to adopt an Angel, suggested to reach out to the campus Principal for information. NJHS involvement and Lost & Found (extra clothes), Davis recommended gift cards for Angel Tree recipients. Revisit in next SHAC Meeting on where things are with this, and any needs.

Adjourn: 9:10am

Attendance listed in item #1.
Projected Future Meetings:

December 12th
February 13th
April 2nd